

APIS - 3920 - 0007 | ISSN - 2583-7230

# INTELLECTUAL PROPERTY RIGHTS AND TRADITIONAL MEDICINE: CHALLENGES AND OPPORTUNITIES IN THE AYUSH SYSTEM

AUTHOR - ANANYA SHIJO, STUDENT AT UNITEDWORLD SCHOOL OF LAW, KARNAVATI UNIVERSITY

**BEST CITATION –** ANANYA SHIJO, INTELLECTUAL PROPERTY RIGHTS AND TRADITIONAL MEDICINE: CHALLENGES AND OPPORTUNITIES IN THE AYUSH SYSTEM, ILE MULTIDISCIPLINARY JOURNAL, 4 (1) OF 2025, PG. 809-818, APIS – 3920-0007 | ISSN – 2583-7230.

#### ABSTRACT: -

This abstract explores the intricate relationship between Intellectual Property Rights (IPR) and traditional medicine within the AYUSH system, focusing on the challenges and opportunities it presents for law students. The AYUSH system, which encompasses Ayurveda, Yoga, Unani, Siddha, and Homeopathy, is rich in traditional knowledge that has often remained unprotected, leaving it vulnerable to exploitation and misappropriation. Key challenges include the lack of adequate legal frameworks that specifically address the unique aspects of traditional medicine, the difficulties in proving prior art, and the risk of biopiracy. Conversely, there are significant opportunities for law students to engage in policy development, advocate for stronger protections, and promote ethical practices in the commercialization of traditional knowledge. By examining case studies and current legal reforms, this paper aims to highlight the role of intellectual property law in safeguarding traditional medicine while ensuring equitable access to its benefits. Ultimately, the intersection of IPR and traditional medicine in the AYUSH system presents a dynamic field for legal exploration and innovation, with implications for cultural preservation, healthcare equity, and sustainable development. Conversely, there are substantial opportunities for law students to contribute to this evolving field. By engaging in research and advocacy, students can play a pivotal role in shaping policies that recognize and protect traditional knowledge.

#### **INTRODUCTION: -**

Intellectual Property Rights (IPR) and traditional within medicine, particularly the AYUSH (Ayurveda, Yoga, Siddha, and Unani, Homeopathy) system, present a complex interplay of challenges and opportunities. As law students, understanding this dynamic is crucial in navigating the legal landscape that traditional knowledge governs and its commercialization. Traditional medicine, rooted in centuries of cultural heritage, often lacks formal documentation, raising concerns about its protection under current IPR frameworks. This ambiguity leads to potential misappropriation pharmaceutical companies, where by indigenous knowledge is utilized without fair compensation or acknowledgment. The

challenge lies in reconciling the need for innovation and the rights of traditional healers and communities who have preserved this knowledge over generations. Conversely, the AYUSH system offers significant opportunities for patenting and other forms of intellectual property protection. By establishing frameworks that recognize and protect traditional knowledge, India can empower local communities promote and sustainable practices. Legal mechanisms, such as geographical indications and traditional knowledge databases, can be employed to safeguard these practices while encouraging ethical research and development.

The <u>RESEARCH QUESTIONS</u> of this paper are as follows:



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- 1. How do existing Intellectual Property Rights frameworks impact the documentation and commercialization of traditional medicinal knowledge within the AYUSH system, and what reforms are necessary to balance the protection of indigenous knowledge with the interests of innovation and public health?
- 2. In what ways can the integration of traditional medicine practices under the AYUSH system into international patent systems enhance or hinder the preservation of cultural heritage and biodiversity, particularly in light of recent developments in global health policies?

Sr.	Nature of	Name of	Covered/Review	Research Gap	Intended Research
No	Literature	Literature			
			Highlights the legal frameworks that govern the protection of traditional knowledge within the AYUSH system. The paper discusses various policy perspectives, emphasizing the importance of safeguarding indigenous medicinal practices while addressing the challenges posed by globalization and commercialization. This book stresses that the environment in	While the article discusses theoretical frameworks, it lacks in-depth case studies on the practical challenges faced by traditional medicine practitioners in protecting their knowledge under current IPR laws. There is limited analysis on the socio-economic impacts of IPR enforcement on communities that rely on traditional medicine, particularly in terms of access to healthcare and preservation of	Conduct empirical research through case studies of specific communities within the AYUSH system to analyze the real-world effects of IPR laws on their traditional practices and knowledge preservation. Investigate the socio-economic ramifications of IPR enforcement on indigenous communities, examining access to resources and healthcare as well as the sustainability of
			which the well-	preservation of	
			known brands	biodiversity.	
			operate should	,	
			provide more		
			protection against		
			dilution, especially		

#### LITERATURE REVIEW: -



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			in situations where there is no immediate risk of confusion. The book thus provides a comprehensive study on trademark dilution, and it stresses how important this is to the protection of valuable brands.		
2.	Website	World Intellectual Property Organization, "Intellectual Property and Traditional Medical Knowledge"	The WIPO publication provides an extensive examination of the relationship between intellectual property (IP) and traditional medical knowledge (TMK).	There is limited analysis of the perspectives of various stakeholders, including indigenous communities, policymakers, and pharmaceutical companies, regarding the effectiveness and fairness of existing IP frameworks.	Explore the long- term implications of IP protections on traditional medicine practices and biodiversity, assessing how these protections affect community dynamics, resource access, and the preservation of indigenous knowledge.
3.	Research Paper	Prof. Sachin Chaturvedi, "Ayush Sector in India: Prospects and Challenges"	The article analyses the regulatory framework governing AYUSH practices and highlights the importance of integrating traditional medicine into the broader healthcare	The article lacks detailed case studies that assess the socio- economic impacts of AYUSH practices on local communities, particularly in terms of access to healthcare and economic opportunities.	Conduct a comprehensive analysis of existing policies impacting the AYUSH sector, identifying strengths and weaknesses, and proposing actionable reforms to enhance regulatory support.



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			system.		
4.	Research Paper	Karin Timmermans, "Intellectual Property Rights and Traditional Medicine", September 2003	The work discusses various forms of IPR, including patents, copyrights, and trade secrets, and evaluates their applicability to traditional medical practices. Timmermans highlights the challenges faced by indigenous communities in safeguarding their knowledge from appropriation and the need for legal mechanisms that recognize and respect traditional practices.	The article primarily offers theoretical discussions, lacking empirical case studies that illustrate the practical implications of IPR on traditional medicine in specific communities. The article does not thoroughly analyze the potential impact of IPR on innovation within traditional medicine, including how these rights may either encourage or stifle the development of new treatments.	Conduct qualitative research through case studies of specific indigenous communities to examine the practical effects of IPR on the preservation and commercialization of their traditional medical knowledge. Investigate how different nations regulate IPR concerning traditional medicine, analyzing their successes and failures to inform policy recommendations for a more equitable approach.
5.	Research Paper	Anand Chaudhary, "Intellectual property rights and patents in perspective of Ayurveda", March 2012	The work outlines the unique challenges faced by Ayurvedic practitioners in navigating the patent system, emphasizing the need for a balance between protecting traditional	The work lacks a thorough examination of the long-term impacts of patenting Ayurvedic knowledge on local communities, particularly concerning	Investigate the socio-economic effects of patenting Ayurvedic knowledge on local communities, examining issues related to access to traditional medicines, the benefits of



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			knowledge and fostering	access to traditional	commercialization, and the
			innovation.	remedies and the	preservation of
			Chaudhary	commercialization	cultural heritage.
			discusses the legal		Conduct empirical
			frameworks that	heritage. The	research to
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			govern patents in		analyze the patent
			India, particularly	provide an in-	application
			in the context of		process for
			Ayurveda, and	of the practical	Ayurvedic
			highlights specific	challenges faced	formulations,
			case studies	by Ayurvedic	identifying key
			where Ayurvedic	practitioners when	obstacles faced
			formulations have	applying for	by practitioners
			been patented.	patents, such as	and potential
				the bureaucratic	solutions to
				processes and	streamline the
	•			costs involved.	process.
6.	Research	Saiket Sen,	The work	The work lacks a	Investigate the
	Paper 📀	"Traditional	discusses how the	comparative	tangible outcomes
		Knowledge	TKDL functions as	analysis of similar	of the TKDL in
		Digital	a repository that	digital repositories	terms of reducing
		Library: A	documents	in other countries,	instances of bio-
		distinctive	traditional	which could	piracy and
		approach to	knowledge related	provide insights	improving
		protect and	to Ayurveda,	into best practices	economic
		promote	Siddha, and other		opportunities for
		Indian	traditional	improvements for	indigenous
		Indigenous	systems of	the TKDL. There is	knowledge
		medicinal	medicine, aiming	limited exploration	holders, utilizing
		treasure",	to prevent bio-	of the actual	case studies and
		May 2014	piracy and	impact of the TKDL	statistical
			unauthorized	on preventing bio-	analyses. Examine
		GRAS	patenting of	piracy and	digital repositories
			indigenous	enhancing the	for traditional
			knowledge. Sen	economic benefits	knowledge in other
		$\sim$	analyzes the	for communities	countries,
			technological and	that hold	analyzing their
			legal frameworks	traditional	structures,
			that support the	knowledge.	successes, and
			TKDL, emphasizing		challenges, and
			its role in bridging		identifying lessons
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			the gap between		that could



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		traditional		enhance	the	
		knowledge	and	TKDL's		
		contempora	ry	effectiveness.		
		intellectual				
		property (IPR).	rights			

#### **RESEARCH METHODOLOGY: -**

The work is based on doctrinal research, which analyses legal material like statutes, judicial rulings, etc. The approach is to interpret statutes through arguments, precedents, and rulings. Further, by reviewing many relevant articles, websites, and journals, the research paper has been noted. It focuses on Traditional medicine with challenges and opportunities in AYUSH.

TRADITIONAL KNOWLEDGE ABOUT INTELLECTUAL PROPERTY: -

Traditional knowledge or Indigenous knowledge developed by well-developed local is Indigenous communities whose long-standing customs and practices are followed from to generation. Studies generation into humanism's origins, behavior, and development in prehistoric and modern societies led to the recognition of traditional knowledge<sup>532</sup>. The traditional knowledge adoption of by international organizations, like the UN, has resulted in its widespread appreciation and recognition<sup>533</sup>. TK is collectively held and passed down through generations, complicating its classification under existing IPR frameworks like patents and copyrights. The risk of bio-piracy is significant, as corporations may exploit traditional knowledge without proper acknowledgment or compensation to the originating communities<sup>534</sup>. For instance, companies may patent herbal remedies derived from indigenous knowledge, leading to

financial gain while depriving communities of their rights. Current IPR mechanisms such as geographical indications can offer some protection for specific products linked to their geographic origins, but they do not fully address the complexities of TK.

#### Traditional Knowledge Digital Library: -

The Traditional Knowledge Digital Library (TKDL) is a pioneering initiative of India, under the joint collaboration of the Council of Scientific and Industrial Research (CSIR) and Ministry of Ayurveda, Yoga & Naturopathy, Unani, Siddha, Sowa Rippa and Homoeopathy (AYUSH), to prevent exploitation and to protect Indian traditional knowledge at Patent Offices worldwide, Traditional Knowledge (TK) is a valuable yet vulnerable asset to indigenous and local communities who depend on TK for their livelihood, To elucidate, the healthcare needs of more than 70% population and livelihood of millions of people in India is dependent on traditional medicine. Globally too there has been renewed attention and interest in the use traditional medicine of increasing its vulnerability to exploitation<sup>535</sup>. The Traditional Knowledge Digital Library (TKDL) is an innovative initiative aimed at safeguarding traditional knowledge, particularly in the context of Indian medicinal systems like Ayurveda, Siddha, and Unani<sup>536</sup>. Established to prevent bio-piracy and unauthorized patenting, the TKDL serves as a

 <sup>&</sup>lt;sup>532</sup>, "https://academic.oup.com/book/698/chapterabstract/135374553?redirectedFrom=fulltext (last visited Nov 11, 2024)"
 <sup>533</sup> "Vajiraman and ravi, Traditional Knowledge', <u>Traditional Knowledge:</u> <u>Definition, Threats & India's Initiatives"</u>

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<sup>&</sup>lt;sup>535</sup> "CSIR, "Traditional Knowledge Digital Library Unit (TKDL)',<u>https://www.bing.com/ck/a?!&&p=7263629bed11a0c1905def43b</u> 7916863ec51b9efc1e542383f5e826f6ff0161aJmltdHM9MTczMDY3ODQw MA&ptn=3&ver=2&hsh=4&fclid=1cb89cba-c1e5-6515-1f91-

<sup>8</sup>ff3c0576493&psq=research+paper+on+traditional+knowledge+digital+libr ary&u=a1aHR0cHM6Ly93d3cuY3Npci5yZXMuaW4vZG9jdW1lbnRzL3Rr ZGw&ntb=1"

<sup>&</sup>lt;sup>536</sup> "Traditional Knowledge Digital Library Unit (TKDL) | Council of Scientific & Industrial Research, https://www.csir.res.in/documents/tkdl (last visited Nov 11, 2024)"



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comprehensive repository that documents indigenous knowledge and practices, making it accessible to researchers, policymakers, and patent examiners. One of the key features of the TKDL is its digital format, which allows for the categorization systematic of traditional knowledge into a structured database<sup>537</sup>. This enables the efficient retrieval of information related to medicinal formulations, practices, and other cultural knowledge. By providing evidence of prior art, the TKDL plays a critical role in patent examinations, helping to thwart claims that might otherwise exploit traditional knowledge without consent. From a legal perspective, the TKDL addresses significant gaps in existing intellectual property rights (IPR) frameworks by recognizing the collective nature of traditional knowledge. It also supports the development of sui generis laws tailored to protect the rights of indigenous communities. Ultimately, the TKDL represents a proactive approach to balancing the protection of traditional knowledge with the promotion of innovation, fostering respect for cultural heritage while enabling economic opportunities for Indigenous communities.

#### Traditional Knowledge Resource Classification: -

A comprehensive initiative was spearheaded by the Department of Indian Systems of Medicine and Homeopathy (ISMH). It set up an interdisciplinary task force, known as the TKDL task force, by drawing experts from the Central Council of Research of Ayurveda and Siddha, Banaras Hindu University, National Informatics Centre, Council of Scientific & Industrial Research and Controller General of Patents and Trade Marks. The Task Force evolved a scientific classification approach known as Traditional Knowledge Resource Classification (TKRC). This would enable the retrieval of information on Traditional Knowledge scientifically and rationally. The structure of TKRC would be similar to that commonly used for classifying Published by Institute of Legal Education <u>https://iledu.in</u>

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modern innovations, which enables an easy linkage with the International Patent Classification (IPC). All the patent examiners around the world use IPC during patent examination. WIPO set up a Traditional Knowledge Task Force consisting of the US, Japan, the European Union, China, and India. The Indian proposal for creating TKRC was presented to them. All members of the Task Force have already initiated its work<sup>538</sup>.

#### Relevance to Traditional Medicine: -

Traditional medicine has a long history. It is the sum of the knowledge, skills, and practices based on the theories, beliefs, and experiences Indigenous to different cultures, whether explicable or not, used in the maintenance of health and the prevention, diagnosis, improvement, or treatment of physical and mental illness<sup>539</sup>. From a legal perspective, the increasing recognition of traditional medicine underscores the importance of protecting traditional knowledge and intellectual property rights<sup>540</sup>. As global interest in alternative medicine rises, there is a risk of bio-piracy, where companies may exploit traditional remedies without appropriate acknowledgment compensation or to the originating communities. This highlights the need for robust legal frameworks that safeguard indigenous practices while fostering innovation and ethical research. Moreover, traditional medicine can play a crucial role in promoting sustainable healthcare. Many traditional practices utilize

<sup>&</sup>lt;sup>537</sup> "Martin Fredriksson, India's Traditional Knowledge Digital Library and the Politics of Patent Classifications, 34 Law and Critique 1–19 (2023), https://doi.org/10.1007/s10978-021-09299-7 (last visited Nov 11, 2024)"

<sup>&</sup>lt;sup>538</sup>" Research Gate, 'Indian Traditional Medicine and its Protection: A Global Perspective', (March 2023), (<u>PDF) Indian Traditional Medicine and its</u> <u>Protection: A Global Perspective</u>"

<sup>&</sup>lt;sup>539</sup> "World Health Organization, "Traditional Medicine", https://www.bing.com/ck/a?!&&p=99e2b74459cf78440366001c345f8e0526 d99232fbcd636d14994ec7d7831de5JmltdHM9MTczMDY3ODQwMA&ptn =3&ver=2&hsh=4&fclid=1cb89cba-c1e5-6515-1f91-

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<sup>&</sup>lt;sup>540</sup> "Intellectual Property Rights and Protection of Traditional Knowledge: A General Indian Perspective SCC Times, https://www.scconline.com/blog/post/2020/06/22/intellectual-propertyrights-and-protection-of-traditional-knowledge-a-general-indian-perspective/ (last visited Nov 11, 2024)"



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local resources, contributing to biodiversity conservation and sustainable development<sup>541</sup>.

AN OVERVIEW OF THE TERM AYUSH IN CONTEXT OF TRADITIONAL KNOWLEDGE: -

AYUSH systems, particularly Ayurveda, Siddha, and Yoga being indigenous to India, are regarded as the oldest healthcare systems in the world. These systems constitute both products and services<sup>542</sup>. AYUSH is an acronym that represents a collective of traditional systems of medicine in India, encompassing Ayurveda, Yoga & Naturopathy, Unani, Siddha, and Homeopathy. Each of these disciplines has its unique principles, practices, and historical contexts, but they share a common foundation in the holistic understanding of health and wellness. AYUSH emphasizes preventive care, natural remedies, and the integration of body, mind, and spirit, reflecting the rich cultural heritage and knowledge systems that have evolved over thousands of years. The relevance of AYUSH in the context of traditional knowledge profound, particularly regarding is the promotion protection and of indigenous practices. Traditional knowledge encompasses wisdom, skills, and practices the that communities have developed over generations, often in harmony with their local environment. The AYUSH systems are deeply rooted in this traditional knowledge, drawing from indigenous practices that prioritize natural resources and sustainable health solutions. As global interest in alternative medicine grows, there is a critical need to safeguard this knowledge from appropriation and exploitation. Moreover, the integration of AYUSH into national health policies can enhance healthcare accessibility, improve public health outcomes, and promote the sustainable use of biological resources.

<sup>541</sup> "Kamrul Hossain & Rosa Maria Ballardini, Protecting Indigenous Traditional Knowledge Through a Holistic Principle-Based Approach, 39 Nordic Journal of Human Rights 51–72 (2021), https://www.tandfonline.com/doi/full/10.1080/18918131.2021.1947449 (last visited Nov 11, 2024)"

<sup>542</sup> "RIS org, 'Ayush Sector in India: Prospects and Challenges', https://www.ris.org.in/sites/default/files/Publication/Ayush%20Study-Public%20Policy%20and%20Economic-FINAL%20REPORT%2028%20OCT\_0.pdf" Published by Institute of Legal Education <u>https://iledu.in</u>

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CHALLENGES FACED WHILE PROTECTING TRADITIONAL MEDICINE: -

In attempting to protect traditional medicine, traditional knowledge holders are confronted by a confusing and diverse group of national and international policies, regulatory systems designed primarily to accommodate pharmaceutical medicines, safety and efficacy concerns, and challenges to ownership<sup>543</sup>.

#### **1. Intellectual Property Issues**

Traditional medicine (TM) often lacks formal documentation and clear ownership, which creates difficulties in applying conventional intellectual (IP)protections property like patents, copyrights, or trademarks. TΜ knowledge is typically passed down orally within indigenous communities, and as such, it may not meet the criteria for patentability or other IP rights. This leaves traditional knowledge vulnerable to exploitation by corporations or researchers who use it to develop commercial products without compensating the original knowledge holders. The issue of "biopiracy" arises when traditional knowledge is taken without consent, leading to calls for stronger legal frameworks that protect indigenous intellectual property.

**2. Cultural and Ethical Challenges** Traditional medicine is deeply embedded in the cultural and spiritual practices of indigenous peoples. Legal systems often fail to recognize the holistic and community-centered nature of TM, which is more than just a set of medicinal practices<sup>544</sup>. While IP laws are typically designed to protect individual or corporate interests, they often do not account for the collective and intergenerational nature of TM.

#### 3.RegulatoryGaps

There is a lack of standardized regulations for the use and protection of traditional medicine across countries<sup>545</sup>. While some nations, like

<sup>&</sup>lt;sup>543</sup> "SSRN, 'Documenting Traditional Medical Knowledge', (10 March 2014), Documenting Traditional Medical Knowledge by Ryan Abbott :: SSRN"

 <sup>&</sup>lt;sup>544</sup> "Rachel Sieder, *The Challenge of Indigenous Legal Systems: Beyond Paradigms of Recognition*, 18 The Brown Journal of World Affairs 103–114 (2012), https://www.jstor.org/stable/24590866 (last visited Nov 11, 2024)"
 <sup>545</sup> "Traditional medicine, https://www.who.int/news-room/questions-and-answers/item/traditional-medicine (last visited Nov 11, 2024)"



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India and China, have legal frameworks that protect and promote TM, others have no regulatory mechanisms in place.

**4. Access and Benefit-Sharing** International agreements like the Convention on Biological Diversity (CBD) and the Nagoya Protocol seek to ensure fair access and benefitsharing (ABS) when traditional knowledge leads to the discovery of new medicines<sup>546</sup>. However, enforcing ABS mechanisms is challenging. Indigenous communities often lack the legal resources and bargaining power to negotiate fair compensation for their knowledge, leaving them vulnerable to exploitation by multinational companies and researchers.

SOLUTIONS AND OPPORTUNITIES IN AYUSH SYSTEM: -

Intellectual Property Rights (IPR) Existing frameworks have significant implications for the documentation and commercialization of traditional medicinal knowledge within the AYUSH system. While IPR aims to protect innovations and incentivize creativity, it often overlooks the communal nature of indigenous knowledge. To balance the protection of indigenous knowledge with the interests of innovation and public health, reforms are necessary<sup>547</sup>. These could include Sui Generis Systems а legal framework specifically designed to protect traditional knowledge, recognizing its communal nature and preventing unauthorized exploitation. Benefitsharing Agreements ensure that communities benefit from any commercial use of their knowledge or biological resources, which could be formalized through contracts or collective rights. Documentation and Transparency Governments and academic institutions can assist in documenting traditional knowledge in a way that establishes a clear, verifiable record of ownership.

Integrating traditional medicine practices from the AYUSH system into international patent systems has both potential benefits and challenges for the preservation of cultural heritage and biodiversity. On the one hand, patenting traditional medicines could incentivize research, development, and commercialization, providing financial returns for local communities and promoting access to alternative healthcare solutions globally. Overall, while integrating AYUSH practices into the international patent system may drive innovation and improve global health, it must be done with safeguards to protect cultural heritage, ensure sustainable use of biodiversity, and guarantee that local communities are fairly compensated. Effective regulatory frameworks and international cooperation are essential to achieving these goals.

The opportunities that are increased due to Ayush are Increasing public awareness of natural healthcare is driving demand for AYUSH products, fostering a dynamic market ripe for innovative businesses in the sector. Government initiatives promoting AYUSH education and training aim to foster a skilled workforce, meeting industry demands. The number of MSMEs (Micro, Small, and Medium Enterprises) in the AYUSH industry has seen a significant rise. From just 38,216 in August 2021, the number has grown to 53,023 by January 2023. This represents a jump of nearly 40% in just over a year, indicating the increasing interest and potential within the AYUSH sector<sup>548</sup>.

<sup>546 &</sup>quot;International agreements like the Convention on Biological Diversity (CBD) and the Nagoya Protocol seek to ensure fair access and benefitsharing (ABS) when traditional knowledge leads to the discovery of new https://www.bing.com:9943/search?q=International medicines Bing, agreements like the Convention on Biological Diversity (CBD) and the Nagoya Protocol seek to ensure fair access and benefit-sharing (ABS) when leads traditional knowledge the discovery of to new medicines&qs=n&form=QBRE&sp=-1&lq=1&pq=international agreements like the convention on biological diversity (cbd) and the nagoya protocol seek to ensure fair access and benefit-sharing (abs) when traditional knowledge leads to the discovery of new medicines&sc=1-218&sk=&cvid=7800B8B444614142B2001392666C93D1&ghsh=0&ghacc= 0&ghpl= (last visited Nov 11, 2024)"

<sup>&</sup>lt;sup>547</sup> "Martin Fredriksson, Balancing community rights and national interests in international protection of traditional knowledge: a study of India's Traditional Knowledge Digital Library, 43 Third World Quarterly 352–370 (2022), https://www.tandfonline.com/doi/full/10.1080/01436597.2021.2019009 (last visited Nov 11, 2024)"

<sup>&</sup>lt;sup>548</sup> "IBEF, 'Opportunities in Ayush System', <u>India's Ayush Industry &</u> <u>National AYUSH Mission | IBEF</u>"



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#### CONCLUSION: -

In conclusion, the intersection of Intellectual Property Rights (IPR) and traditional medicine under the AYUSH system presents both significant challenges and promising opportunities<sup>549</sup>. While existing IPR frameworks often fail to adequately protect the communal and evolving nature of traditional knowledge, reforms such as sui generis protection and benefit-sharing agreements can help safeguard indigenous wisdom.

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<sup>&</sup>lt;sup>549</sup> "Karin Timmermans, Intellectual property rights and traditional medicine: policy dilemmas at the interface, 57 Social Science & Medicine 745–756 (2003), https://www.sciencedirect.com/science/article/pii/S0277953602004252 (last visited Nov 11, 2024)"